

Get the Support You Need Quickly and Easily!

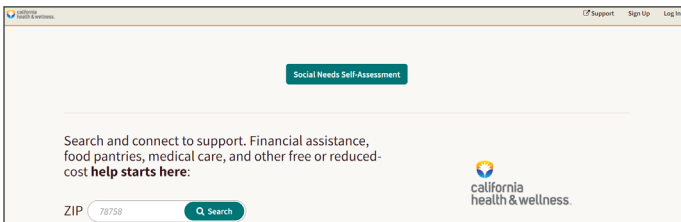
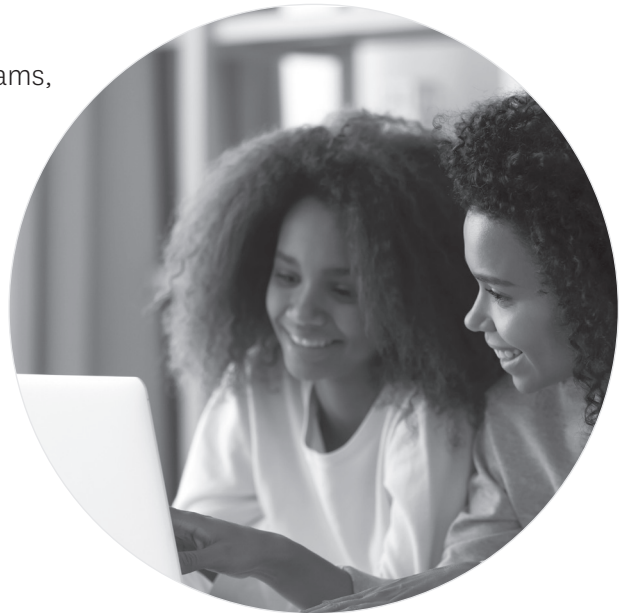
USE CALIFORNIA HEALTH & WELLNESS COMMUNITY CONNECT TO FIND FREE OR LOW-COST SERVICES

California Health & Wellness Community Connect helps you find programs, connect to services and apply for benefits. Let Community Connect do the hard work. The service is free. Search for local vendors 24/7.

Search in three easy steps

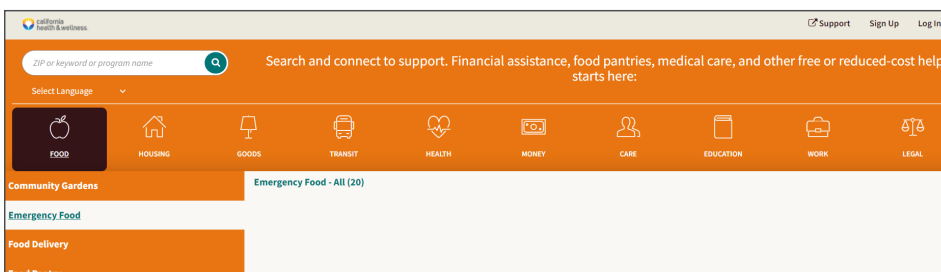
Locate services, such as medical care, food, housing, transit and more in one place.

- 1 Go to <https://cahealthwellness.findhelp.com/>
- 2 Complete a Social Needs Self-Assessment
- 3 Enter a ZIP Code and click *Search*



Narrow choices by topic

- Choose one of ten topics.
- Then, select a subtopic based on the ZIP code entered. You can view results in more than 100 languages.



(continued)

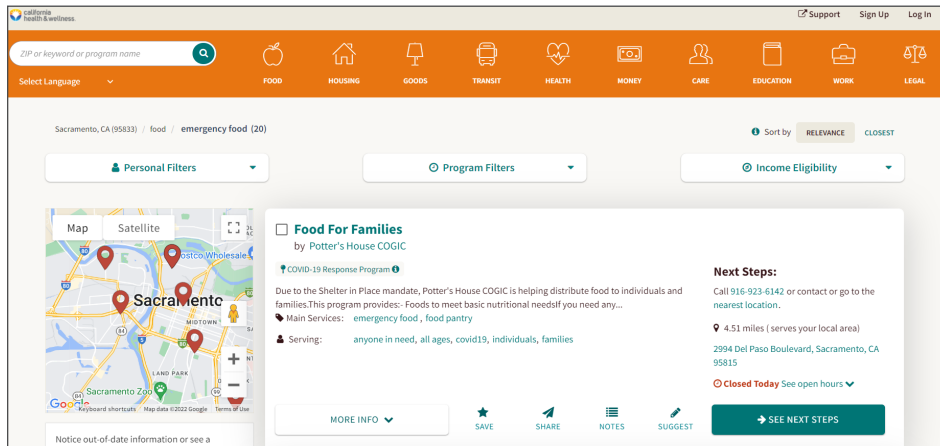
Findhelp – California Advancing and Innovative Medi-Cal (CalAIM) Program

To access or connect to Community Supports services:

- Visit <https://communitysupportsecm.findhelp.com>
- Enter a ZIP Code
- Click *Search*

Check out a real example

The result below shows one, out of many options, in a specific ZIP code under **Food** and **Emergency Food**.



There are more than **20,000** programs in California!

After you select a subtopic, you can...

Sort by:	Relevance or Closest
Define results further by:	<ul style="list-style-type: none"> • Personal (like Age Group, Gender or Urgency) • Program (like Open Hours and Cost) • Income Eligibility
Detailed information has:	<ul style="list-style-type: none"> • Address • Phone • Days/Hours • Description • Map and much more
More Info:	Gives a print view for the business or resource.
Suggest:	Let us know about incomplete or out-of-date information.



Contact us 24 hours a day:

Member Services
1-877-658-0305 (TTY: 711)
 Monday–Friday,
 8 a.m. to 5 p.m.

Confidentiality:

Your searches are private.
 No one will contact you, nor
 will we share information
 without your consent.